

# Post Bariatric Surgery Pre-Determination Worksheet

## *Tummy Tuck, Brachioplasty, Thighplasty*

The information you provide will help in the medical necessity letter that will be going to your insurance company.

Your insurance company, in most cases, requires medical records from providers (Doctors, Physical Therapy, Chiropractic Care, etc.) who have treated you for the symptoms listed below. It would be helpful to provide us with supporting documentation prior to your consultation.

Patient Name \_\_\_\_\_ Current Weight \_\_\_\_\_ Height \_\_\_\_\_

**Check surgeries you are interested in**

\_\_\_ Panniculectomy/Tummy Tuck    \_\_\_ Brachioplasty/Arm Lift    \_\_\_ Thighplasty/Thigh Lift

**Surgeries you have had:** \_\_\_ Gastric Bypass    \_\_\_ Lap Band    \_\_\_ Roux-en-y    **Date of surgery:** \_\_\_\_\_

Have you lost weight on your own? \_\_\_\_\_ How much have you lost? \_\_\_\_\_ Have you reached your goal weight? \_\_\_\_\_

Has your weight been stabilized for the last 3 months? \_\_\_\_\_

***Check mark Symptoms  
you are experiencing***

- \_\_\_ Hernia present
- \_\_\_ Exercise Intolerance
- \_\_\_ Poor Posture
- \_\_\_ Back pain
- \_\_\_ Infections, yeast
- \_\_\_ Chafing
- \_\_\_ Itching
- \_\_\_ Redness
- \_\_\_ Hygiene concerns
- \_\_\_ Chronic rashes
- \_\_\_ Mobility problems
- \_\_\_ Cellulitis
- \_\_\_ Ulcers

***Conservative Treatment***

- \_\_\_ physical therapy
- \_\_\_ chiropractic care
- \_\_\_ pain medication
- \_\_\_ prescription or over the counter
- \_\_\_ muscle relaxers
- \_\_\_ support garments
- \_\_\_ ointments
- \_\_\_ powders
- \_\_\_ creams
- \_\_\_ heat/cold pack

Misc:

Name of clinician(s) that have treated these symptoms: \_\_\_\_\_

**Medical Records Authorization:** I authorize \_\_\_\_\_  
to release my medical records to Florida Plastic & Reconstructive Surgery. This information  
will be used on my behalf for the purposes of continuity of care.

Print Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_